<sup>10</sup> Create in me a clean heart, O God, and put a new and right spirit within me.

<sup>11</sup> Do not cast me away from your presence, and do not take your holy spirit from me.

<sup>12</sup> Restore to me the joy of your salvation, and sustain in me a willing spirit.

~Psalm 51:10-12

Dear Northern Great Lakes Synod,



For two and a half years, my husband and I successfully avoided contracting COVID-19. We wore masks, stayed away from gatherings, quarantined after a suspected exposure, and

basically did what we were supposed to do to avoid getting the virus. And we were successful...until this month. It started with a tickle in the throat, then came the fever and chills, then the difficult decision of whether to nap on the couch or sit in the chair or just go to bed. As of this writing, we have emerged from our COVID cave and are now back amongst the living...sort of. We are still moving slow. Processing thought or coming up with complete sentences is still a challenge. As many people who have had COVID-19 will tell you, a kind of fog settles in, like a congestion of the brain.

But enough of that. I write to share with you some wonderings about COVID-19 and the Church. It is no secret that people are tired, but until I contracted COVID, I hadn't really considered its physical toll and its impact on ministry. I believe we have all witnessed how COVID-19 has impacted our spirits, our emotions, our sense of community, and a certain heightened anxiety about what all this means. But physically...no wonder volunteerism is at an historic low! When even brushing one's teeth or making supper expends

all energy reserves, I can see why there's not much strength left to lead Vacation Bible School, take a turn for the Altar Guild, or sing in the choir. Such extra activity, at least for a time, is truly beyond one's physical capacity.

And yet, this too shall pass. Energy will return. Creativity and strength and the resolve to contribute will slowly but surely gain momentum in my body and spirit. And not just for me, but for us, and our efforts together as congregations and as a synod together.

It seems to me that we are collectively in this space of healing, waiting for restoration and renewal. Whether or not you have had to deal with the physical impact of COVID-19, I think we are all painfully aware of a certain dis-ease. People continue to be polarized concerning social and political issues. Some notice that inperson worship attendance or giving has not returned to pre-pandemic levels and we wonder what that means for the future of our church. We talk about wanting to move forward and yet long to be back where we were, which if we are honest, was still a place of decline and anxiety.

So where does that leave us? In truth, I believe we are still where we have always been, invited to participate in what God is doing in the world. I remind you and myself of what intellectually we already know, but perhaps emotionally and spiritually are challenged to own, that our Church, and your church, belong to God. And the body of Christ that you are a part of lives and breathes because God would have it be so. We rely on God to put in us a new and right spirit. We rely on the Holy Spirit to show us the way, to energize our efforts, and focus our mission to further the work of Christ.

In these days of healing and discernment, as we wait for renewal and even joy, I know that

momentum is building. Congregations are considering their next steps, new plans for ministry are being made, people are emerging from isolation hungry for community and meaningful spiritual connection. As the Body of Christ in the world, we have something of value to offer. Whether your congregation provides an opportunity for deeper engagement or simply gives permission to be still and receive a word of hope and healing, the Church, your church, is meant to be a blessing.

May God bless you with the joy of salvation and sustain you with a willing spirit.

Yours in Christ,

Bishop Katherine Finegan