

Meeting Christ in Prayer

Eight Week Guided Prayer Experience

An Invitation for Northern Great Lakes Synod Clergy

Would you like to begin 2023 more intentional about your prayer life?

In January and February 2023, we will be offering an eight-week group prayer experience for clergy. *Meeting Christ in Prayer* is modeled on the Spiritual Exercises of St. Ignatius, with participants guided through daily prayer based on scripture. Each person will commit 20-30 minutes per day to prayer and journaling, and each 90minute Zoom session will include time for small group faith sharing.

Meetings will be facilitated by Pr. Terry Frankenstein who has received certification in spiritual direction from Franciscan University. Registration information and questions may be directed to Terry by phone, 906-241-3311, or email, <u>terry.frankenstein@gmail.com</u>.

Thursdays by Zoom at 10:00 a.m. EST/9:00 a.m. CST

January 5th, 12th, 19th, 26th February 2nd, 9th, 16th, 23rd